



VILLA MICHAELA
Picturesque & Historic Tuscan Retreat

Lucca Tuscany Italy
A WEEK OF
WELLNESS, YOGA
& MASSAGE
TENNIS
with Stefano and Mandy



+44 7768645500



www.villamichaela.com



info@villamichaela.com



PROPOSED WEEKS - 2024

February 17 to 24

March 16 to March 23

March 30 to April 06



ITINERARY

Breakfast 8.30 till 10am every morning

Arrive Saturday at Villa Michaela from Pisa airport (easyJet , Ryanair or British Airways from London)

Pisa airport is only 18kms from the villa.

Tour of villa and grounds by Villa Michaela owner, Vanessa Rhode

Welcome canapes and prosecco followed by dinner at Villa Michaela

Sunday

Tennis and yoga followed by buffet lunch and an afternoon hike into the hills above the villa. Evening massages followed by dinner at Il Bimbotto , an excellent family run trattoria in the village of Vorno , 5 minutes walk from the villa.

Monday

Leave for Lucca by bus from the village square for a guided tour of Lucca with an English speaking guide followed by lunch in Lucca and a cycle tour around the famous walls of the city

Return to the villa early evening for yoga and massages.

Optional cooking class with our chef at 5pm to prepare dinner.

Dinner at Villa Michaela.





Tuesday

Leave at 09.30 for a tour of Villa Torrigiani, Lucca's most famous rococo villa with celebrated gardens attributed to Le Notre.

Lunch and wine tasting in Montecarlo near Torrigiani.

Back to villa for tennis, yoga and massages.

Dinner at Villa Michaela

Wednesday

Cycle to Lucca under the famous Nottolini aqueduct with our guide Alessandro who will also tell you the history of the construction of this incredible feat of engineering by Lorenzo Nottolini in the 1800s when his family lived at Villa Michaela. (gia Nottolini.)

Cycling and shopping and lunch in Lucca and a visit to Puccini's birth house.

Return to the villa in the afternoon for tennis and yoga.

Dinner at Villa Michaela.

Thursday

Hike along the Via Francigena, the ancient pilgrim route from Canterbury to Rome dating back to the 10th century. The hike begins from the gate of the villa where the "via" passes. The hike will end in the "Compiti" which are villages in the nearby hills where we will have lunch in a local trattoria.

Car transfer back to Villa Michaela for afternoon of tennis, yoga etc

7pm opera recital and talk in Villa Michaela chapel by opera singer mezzo soprano Olympia Hetherington.

Dinner at Villa Michaela



Friday

Tennis and yoga
Walk "off road" under the aqueduct Casina delle
Rose for lunch.
Farewell Dinner at Villa Michaela with cabaret.

Saturday

Breakfast and departure.





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PRICING

Minimum of 10 people

Cost per head includes all accommodation and transport (Pisa airport), and transfers to and from the villa for arrival and departure.

Also includes all food and wine including restaurants.

All museum entrances, tennis coaching , bikes, guides , and 2 massages per head during the week.

£ 4950

30% ON BOOKING AND THE BALANCE 8 WEEKS BEFORE

In case of any Covid / pandemic related issues whereby there are no flights into Italy we will give a full refund .



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